At all / At last / At least / At once

Most of my friends have at least one computer in their homes.

I got into bed and I was so tired I fell asleep at once

I waited for my friend for ages and at last she arrived

She didn’t know her grandfather at all because he never visited

Believes / Demands / Depends / Expects

Our teacher expects us to speak English in her lessons

Playing chess demands a lot of concentration

My granny depends on us to get all her shopping for her

My father believes in letting me make my own decisions

Involve / Make / Play / Produce

Replacing some of the football team didn’t produce the result the teacher wanted.

Taking the main role in the school play would involve a lot of rehearsals

Computers play a part in almost everything we do nowadays

Museums should make an effort to interest young people

Change / Get / Happen / Increase

Riding a bicycle to school every day can get tiring

If the pool is rebuilt, its prices will increase to almost double what they are now

You can change your lifestyle and be more healthy

The bus was full yesterday – I hope it doesn’t happen again today

Amount / Number / Size / Total

I had a total of five euros left after we’d bought everything we needed

The amount of energy we use every day is increasing

The size of the horse you’ll ride depends on your height and weight

A small number of children are educated at home

Deeply / Highly / Hugely / Particularly

It is highly likely that school will be closed tomorrow because of the snow

Attendance at the concert was hugely underestimated by the organisers and there wasn’t enough room for everyone

I always sleep deeply when I go camping

The children particularly enjoyed the interactive displays

**Complete the sentences with the verbs in the box with a SUITABLE verb**

Fall for / Fall out with / Get on well with / Get to know / Go out together / Hit it off / Socialise / Take after

I met Jade when we started this school. We were both 11 and we hit it off straight away

My brother, who takes after our grandfather, has green eyes and red hair

I get on well with most people because I’m easy-going and cheerful

I fell out with Katie, who lives next door to us, last summer because she borrowed my bike without asking and we’ve never spoken to each other again

My sister met her boyfriend at work and they have been going out together now for three years

Going to school helps young children learn to socialise as well as teaching them to read and write

I sit next to Claire in maths every day but we have got to know each other gradually because neither of us chats that much

My mum and dad met at a party and fell for each other there and then. They got married a few months later.

**Read the text below and answer A, B, C or D**

Unless you are a twin yourself, you are not (0) \_\_\_\_\_\_\_\_\_ of how it feels to have a sister or brother born on the same day. Many twins even have their own language when they are small. (1) \_\_\_\_\_\_\_\_\_\_\_ they usually grow out of this secret communication, adult twins often know what the other is thinking. This is particularly the (2) \_\_\_\_\_\_\_\_\_\_ with identical twins. Sometimes if one twin gets hurt, the other one feels the pain even if they know nothing about what is going (3) \_\_\_\_\_\_\_\_\_\_. Some experts feel very (4) \_\_\_\_\_\_\_\_\_\_ that twins should be separated into different classes at school so they develop as individuals, but this is not always (5) \_\_\_\_\_\_\_\_\_\_ to them. The best (6) \_\_\_\_\_\_\_\_\_\_ is usually to let the twins decide for themselves. Sometimes because they look similar, twins play a joke on other people, and change (7) \_\_\_\_\_\_\_\_\_\_\_ with each other. This idea, often used in films and plays, (8) \_\_\_\_\_\_\_\_\_\_\_ in some very funny scenes.

0 A familiar B sensitive C aware D experienced

1 A So B Although C Because D Despite

2 A Fact B Condition C Event D Case

3 A On B By C Ahead D Through

4 A Highly B Greatly C Extremely D Strongly

5 A Cooperative B Fortunate C Beneficial D Positive

6 A Solution B Consequence C Explanation D Purpose

7 A Locations B Places C Situations D Spaces

8 A Develops B Produces C Results D Causes

**Winter celebrations**

In the countries which are furthest north and south on Earth, the (0) \_\_\_\_\_\_ of light varies hugely between winter and summer. In the northern hemisphere, the shortest day is on or about 21 December. In (1) \_\_\_\_\_\_\_\_\_ fact, in some places there is no daylight at (2) \_\_\_\_\_\_\_\_\_ during the day in the middle of winter. In the southern hemisphere, 21 December is the longest day, of course.

Throughout history, people in (3) \_\_\_\_\_\_\_\_ every northern country have (4) \_\_\_\_\_\_\_\_\_ traditions to celebrate the fact that the days would (5) \_\_\_\_\_\_\_\_\_ both lighter and longer after the middle of December. From then onwards, people would (6) \_\_\_\_\_\_\_\_ on. They were hunters, so the seasons and the weather (7) \_\_\_\_\_\_\_ a very important part in their lives. Food was in short supply in winter months, so a whole community would share meals. They lit fires and candles and sang and danced. Some of the traditions (8) \_\_\_\_\_\_\_ to this day

0 A amount B number C total D size

1 A genuine B actual C true D real

2 A least B once C last D all

3 A about B virtually C approximately D quite

4 A expanded B advanced C progressed D developed

5 A increase B happen C get D change

6 A depended B demanded C believed D expected

7 A made B played C produced D involved

8 A survive B support C keep D maintain

**Choose the correct answer**

Don’t forget to text me when you *arrive/’ll arrive*

This is a great place to stay. We *camp/‘re camping* in a farmer’s field

Sorry, I’m *not understanding/don’t understand* what you’re saying

This time next week we *’ll sit / ‘ll be sitting* on the beach in the sun

Paul says he knows that man but I *don’t recognise/‘m not recognising* him

I’ll ring you back – I can’t talk to you now because I do / ‘m doing my homework

Let me know as soon as you *hear/‘ll hear* from Kamilla

Children who *come/are coming* from large families get used to sharing their things

Complete the sentence so it has a similar meaning to the first one. Don’t change the word given. You must use between 2 and 5 words.

Usually, a modern city has wider streets than a historic city.

AS

Usually, the streets in a historic city \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ those in a modern city

**Complete the sentence so it has a similar meaning to the first one. Don’t change the word given. You must use between 2 and 5 words.**

-James said, “I can’t play football because I’m looking after my brother”

**EXPLAINED**

James explained that he couldn’t play football because he was looking after his brother

-Alice said, “OK, I’ll help you with your maths homework”

**AGREED**

Alice agreed to help me with my maths homework

-My friend said he couldn’t come with us to the cinema because he’d forgotten is money

SO

My friend said, “I’ve forgotten my money, so I can’t come with you to the cinema”

-My uncle said, “This is the best show I’ve seen for years”

**SUCH**

My uncle said he hadn’t seen such a good show for years

-Anna said, “I like your new dress”

**TOLD**

Anna told me she liked my new dress

-Archie asked me, “Do you know how to play chess?”

**IF**

Archie asked me if I knew how to play chess

**Choose the correct answer in italics**

My family arranged *to go/going* away at the weekend to my uncle’s cottage in the mountains. It wasn’t a long journey but I still managed *to fall/falling* asleep on the way because it was so hot. My father had hoped *to do/doing* the whole journey without stopping, but we took a break by a lake halfway up the mountain to cool down. Luckily, I had suggested *to take/taking* our swimming things in case we felt like *to swim/swimming* in the stream near the cottage. We enjoyed *to relax/relaxing* by the water for an hour or two and then we carried on *to drive/*driving up the mountain. When we arrived at the cottage, my mother tried *to find/finding* the key in her handbag but it wasn’t there. She said she remembered *to put/*putting it in, and she made us *to go/go* through all the other bags. In the end, we had to give up *to look/looking* because it was getting dark. We had to choose between sleeping on the grass or going home, so we decided *to go/going* home. At least we had a nice swim in the lake!

**Complete the sentences with these verbs**

Come / Dress / Get / Get / Go / Have / Keep / Look / Make / Show / Suit / Try

I dress in the same way as my friends

I know what styles suit me

I look for clothes that make me look different from other people

I get rid of my old clothes when I’m tired of them

Dark colours really don’t look good on me

I like to keep up with the latest fashions

Some people like to show off by wearing all the latest fashions

As soon as clothes go out of fashion I stop wearing them

Sometimes clothes back into fashion after a few years

I like to try things on before I buy them

I have different tastes from my friends

My friends like to get dressed up when they go out

**Complete the sentences with these adjectives**

Curious / Frustrated / Guilty / Optimistic / Passionate / Patient

Mario has always been passionate about basketball and hopes to be a professional player

I was frustrated because I was trying to buy a ticket for the festival and my laptop wouldn’t work

Karim was really good at photography, so he was optimistic about winning the competition

I was curious to know where Jack was going, so I followed him

Elena felt guilty about not going out with her friends as she had promised, so she phoned them all up to apologise

There was a really long queue but we just had to be patient and wait for our turn

**Complete the sentences with the correct form of the word in capitals at the end of each sentence**

You need a lot of STRENGTH in your arms to row a boat very far STRONG

The argument against smoking is a very POWERFUL one POWER

Our school was ORIGINALLY much smaller than it is now. ORIGINAL

We couldn’t decide what to do as there were so many POSSIBILITIES POSSIBLE

to choose from

It’s IMPOLITE to leave the table before everyone’s finished POLITE

finished eating

Not enough young people attend the town festival – we need to make it ATTRACT

more ATTRACTIVE to them

There are too many COMMERCIALS on this channel – they break up COMMERCE

the programmes

I was told to go to the school at 8.00 am for a meeting but there must UNDERSTAND

have been a MISUNDERSTANDING because nobody was there

**Complete the text with who, which, whose or where. If that can be used put it next to the word used.**

Edwin Hubble, WHO was born in 1889, was an American astronomer WHOSE work has made a huge contribution to what we know about the universe. There is a telescope, an asteroid and a moon crater WHICH/THAT are all named after him. As a child, Hubble was someone WHO/THAT was both a bright student and an excellent athlete. He went to the University of Chicago, WHERE he studied mathematics, astronomy and philosophy. He spent most of his working life in California, WHERE he formulated Hubble’s Law, WHICH helped astronomers determine the age of the universe and prove that it was expanding. At the time, astronomers knew only about the Milky Way, a galaxy of stars and planets WHICH/THAT the Earth is part of. But with Hubble’s work it became clear that there were many more galaxies beyond the Milky Way.

**Parents are humans too! (pg 11)**

Talking to parents, can be difficult, but a little understanding on both sides can make it easier

Do you ever get the feeling that your parents just don’t liste to you! They’d rather discuss how much you’re studying and how long you’ve been playing computer games this evening than helping you book tickets to see your favourite band. It’s not that your parents ignore you completely; it’s more that they don’t see things in quite the same way as you. When you talk to them, they may give the impression that they’re taking in what you say. D It’s as if the words are going in, but the meaning just isn’t getting through to them. And this isn’t the only problem you may face.

As you grow up, your personality is developing and you’re trying to become more independent, so naturally you have more questions and opinions about all aspects of your life. You start wondering whether your parents actually know what they’re talking about. A That’s often because it’s the first time they’ve been responsible for a teenager and they’re learning to cope!

Obviously, it’s important to respect your parents and you should try to understand why they might have a different point of view from yours. Their priority is to provide you with a structured environment, where they can guide and support you. It’s crucial for them to know what you’re doing and that you’re safe. However, it’s vital that they try and see your point of view. C After all, in only a few years you’ll probable leave home and have to look after yourself!

Although this situation is absolutely normal, it doesn’t make it any easier. Ideally, your home should be a place where things can be discussed reasonably and constructively. However, parents are human too and can be hurt by what you say to them. Try to remember that in every family there are good times and bad times, buy your parents are there for you throughout. G You’ll be taking steps to earn their trust, and they might be prepared to be more tolerant.

Be sensitive! If there is something you really have to talk about, don’t bring it up just before your Mum or Dad goes to work or just before bedtime. Think about what you are going to say and during the discussion, keep calm and be open and honest. Avoid talking about how your friends’ parents behave in similar situations. F Reminding yourself that many other teenagers are having the same problems can, however, offer the best way of coping with such feelings.

The important thing is to keep talking. E Remember that there’s no reason why people should automatically understand all your views. The more you can discuss things with your parents in a mature way, the happier you will feel. On the other hand, if you really find it impossible to talk to your parents, it might be a good idea to find a family member, teacher or professional counsellor who can help you. Above all, stay positive and remember that it won’t be long before you’ll be able to make your own decisions.

A These doubts can lead to arguments and it’s hard for parents to know how to deal with this

B But that doesn’t mean they’re right on this occasion

C They also need to give you the freedom to make your own decisions.

D In fact they’re often not actually doing so at all.

E And don’t take yourself too seriously!

F It won’t help your attempts to communicate and may only increase the frustrations you’re experiencing

G As long as you show them that you appreciate this, they will begin to realise that you’re no trying to cause trouble.

**Complete these sentences by writing make or do in the correct form in the gaps**

According to a recent study of teenagers, most of them do not do housework just for pocket money.

I always make my own bed in the morning, but I don’t do any cleaning.

Our teacher said she had to make a lot of phone calls to make all the arrangements for the school trip.

A few changes have been made to the computer games and the company say they’ll try to avoid making similar mistakes in the future.

People who do language courses tend to make a lot of friends at the same time.

When my mum came back from doing the shopping, she helped me to do my homework.

**Complete these sentences by writing make or do in the correct form in the gaps**

Could you do me a favour and let me copy your notes from the last class?

Do you mind if I use your phone? I’ve got to make an urgent phone call

I’ll do the shopping on my way home this evening

My mum’s doing an English course in the evenings, and I sometimes help her with her homework

I’ve got so much homework to do that I can’t come out with you tonight

Marco has made a big effort with his students, so I’m afraid he’s a bit disappointed with their results

Sarah wasn’t enjoying the party, so she made an excuse and left

We phoned the police because our neighbours were doing too much noise.

**Complete the text by writing one word in each gap. (pg13)**

If you help your parents with the housework, do you just do it for pocket money, or do you see it as a way of helping your busy parents? According to a recent study of teenagers, many feel they have a duty to help their parents because it is fair, especially if their parents work.

More than two-thirds of the young people who were surveyed, clean floors at least once a week and more than 80% regularly set the table for meals or do the washing-up. Girls are more likely than boys to wash their own clothes.

There are, however, a few teens who only do the housework because they are made to by their parents. They argue that they should not be expected to help out at home because in their view, their teenage years are a period which should be enjoyed rather than interrupted with household responsibilities. What do you think?

**My first bike (pg20)**

When I first 0 riding motorbikes, I was only ten. My biking beginnings could be summed up in three words: sheer good 1. Most of my friends’ parents won’t let them take any risks at all, but knowing how 2 I was to have a go my dad got hold of a little red Honda 50cc. I 3 my mum a series of promises about how careful I was going to be. I actually had no intention of keeping them - they were all made up. My dad and I took the bike to a field 4 to a friend, and 5 I didn’t have a clue how to ride a bike, I got on and managed to start it. There were two piles of straw 6 of me, with a tiny gap between them. As I raced through the 7 gap, I was thrilled to 8 my dad yell “Stop!” It was incredibly exciting and I knew I was hooked.

0 A took up B start C thought D came

1 A chance B luck C accident D occasion

2 A worried B upset C troubled D desperate

3 A made B did C said D told

4 A borrowing B owning C belonging D lending

5 A even B however C despite D although

6 A forward B ahead C towards D front

7 A narrow B thin C slender D fine

8 A hear B listen C sound D catch

**Complete the second sentence so it has a similar meaning to the first sentence (pg23)**

-He doesn’t enjoy running as much as cycling

**MORE**

He likes cycling more than running

-It is easier to learn the guitar than most other musical instruments

**ONE**

The guitar is one of the easiest musical instruments to learn

-Olivia finds watching TV more boring than reading.

**NOT**

For Olivia, watching TV is not as interesting as reading

-Maria’s brothers are better tennis players than her

**AS**

Maria doesn’t play tennis as well as her brothers

-No one in the class makes as much noise as Peter.

**PERSON**

Peter is the noisiest person in the class

-In general, cars are more expensive than motorbikes.

**NOT**

In general, cars are not as cheap as motorbikes

-It took Janusz longer to finish the game than Sarah

**MORE**

Sarah finished the game more quickly than Janusz

**Complete the sentences with the correct form of the verbs. (pg 21)**

Take up // sum up // take risks // have a go // get hold of // keep a promise // make up // not have a clue

I’d never do something like sky-diving because I don’t enjoy taking risks

How would you sum up her personality in just a few words?

Hans let me have a go on his new bike, and now I want to get one myself!

Sometimes When I arrive home late, I make up an excuse to tell my parents why I am late

Diego didn’t have a clue how to answer the questions in yesterday’s exam because he simply hadn’t studied.

People won’t trust you unless you can keep a promise and do what you say you’re going to do.

I need to get more exercise, so I’m thinking of taking up jogging

We could play football this afternoon if I can get hold of a ball

When summed up her holiday, she told me that it had been extremely stressful and expensive.

I couldn’t get hold of him on his mobile and he didn’t reply to any of my emails.

**Complete the sentences with the correct form**

Have / hold / look forward / meet / spend / take part

I think I’ll meet up with my friends and go to the city centre

We’re planning to have a special family lunch

I’m thinking of spending the weekend at the beach

I’m really looking forward to lazing in the sun

I’m going to take part in the festival they’re held in my neighbourhood.

**Complete each sentence with expect or hope**

Sue is a much better player, so I expect she’ll win the match

It’s forecast to rain tomorrow, but I hope it won’t because we’re planning a picnic in the park

I expect you were disappointed by the film after reading the novel, which I think is much better.

I haven’t had time to do much studying, so I hope the test isn’t too difficult

I knew there was a lot of traffic, but I didn’t expect you to arrive this late!

I was really surprised; I find maths very difficult so I didn’t expect to get such good grades.

**Complete the second sentence so that it has a similar meaning to the first sentence, using the word given in capitals. You must use between two and five words including the word given.**

- This motorbike is not as noisy as my previous one.

**MADE**

My previous motorbike made more noise than this one.

- Small towns are safer than large cities.

**NOT**

Small towns are not as dangerous as large cities

- No one in the team plays better than Gemma

**PLAYER**

Gemma is the best player in the team

- She looks more relaxed than she did before the exam

**STRESSED**

She does not look as stressed as she did before the exam

- Tatiana does not speak nearly as clearly as Irina

**MUCH**

Irina speaks much more unclearly than Tatiana

- None of the other sofas in the shop are as comfortable as this one.

**ANY**

This sofa is more comfortable than any of the others in the shop.

**Use the word given in capitals at the end of each sentence to form a word that fits in the gap**

What an amazing band! I never expected they’d be that good. **AMAZE**

They found the journey so exhausting that they fell asleep as soon as they arrived. **EXHAUST**

It’s a puzzling problem – I don’t really know what to do about it. **PUZZLE**

Jake felt disappointed with his exam results. He had hoped to do better. **DISAPPOINT**

You can’t expect children to work hard if they don’t feel motivated. **MOTIVATE**

We were astonished by the way they shouted at us. **ASTONISH**

**Complete these sentences with a phrasal verb in the correct form**

Get on with / do up / clear up / go on / wear out / pick up

Your room is such a mess! Could you clear it up before you go out?

Dad will pick you up from the station when you arrive.

I must get on with the housework, otherwise I’ll never finish it.

I need a rest – all this shopping has worn me out

We’ll need to do up the flat before we move in - the paintwork is very old.

The game went on for about two hours, but I won I the end

**Complete these sentences with a phrasal verb in the correct form**

Take up / sum up / take risks / have a go / get hold of / keep a promise / make up / not have a clue

If you can’t keep promises, no one will ever trust you.

I just don’t like taking risks, so I’d never get a motorbike

Mario is thinking of taking up jogging, as he doesn’t feel he’s getting enough exercise

Instead of reading to the children, I think I’ll just make up a story for their bedtime.

I’ll sum up all our ideas in just a few words to save time.

I don’t have a clue how to solve this maths problem; would you like to have a go and see if you can do it?

**Complete with travel, journey, trip or way.**

A trip is a journey in which you visit a place for a short time and come back again

“way” refers only to the route that you take to get from one place to another

The noun “travel” is a general word which means the activity of travelling

Use “journey” to talk about when you travel from one place to another

**Circle the correct word in italics in each of these sentences**

She met plenty of interesting people during her weekend *travel/trip* to Montreal

We stopped at the supermarket on the *way/trip* to the beach to pick up some cold drinks

My mum and dad have booked a *journey/trip* to Greece for our holidays this August

My mum is away on a business *journey/trip*, so the house is really quiet at the moment

People spend far more on foreign *travel/journeys* than they did 50 years ago.

The *travel/journey* to my village will take about three hours

“Have a good *travel/trip* to Budapest!” “Thanks! See you next week when I get back!”

You can’t get to school by bicycle if the *journey/way* is too long – over 30 kilometres, for example.

Excuse me, I’m a bit lost. Can you tell me the best *journey/way* to the bus station?

**Use the word given in capitals at the end of some of the lines to form a word that fits in the gap in the same line.**

Tasha climbed onto a crowded bus which was going to take her to CROWD a nearby village. The wooden seats looked quite uncomfortable, so COMFORT she decided to stand, even though a thoughtful passenger offered THOUGHT her a seat. As the bus moved through the countryside, it filled with women dressed in bright, colourful clothes on their way to market COLOUR to do their weekly shopping. “This is an unforgettable experience,” FORGET thought Tasha, who was beginning to feel optimistic about her OPTIMIST journey. More passengers climbed aboard laughing and chatting, and the noise became considerable. Gradually, the bus grew hotter and CONSIDER Tasha began to feel a little anxious that she might not get to the door ANXIETY when the bus reached her stop. Fortunately, though, a sympathetic SYMPATHY passenger saw her problem and shouted to the other passengers to let her pass and suddenly everyone made room for her to get off.

**Complete these sentences with *at*, *in* or *on* in the gaps**

We got up at about nine every morning and went swimming in the lake, even on days when it was cloudy.

We also went for walks in the forest at night

We were allowed to go out to cafés together in the evenings

I went off with a couple of my friends in March

Lots of people go to the beach in summer.

The best time to visit my country is in December

My mother’s birthday’s on 14 September

The roads here are usually busy in evenings.

I always do my homework on Sunday.

It’s a good idea to start hiking early in the morning

**For questions 1-10, choose from the people (A-D). Each person may be chosen more than once.**

**My nightmare trip!**

Pauline Vernon – Malaysia

My dad was teaching in Kota Bharu, Malysia. When my mum and I flew out to visit him for three weeks, he had already organised our stay in great detail. On our first evening we had a party on the beach. It was an idyllic scene: a beautiful empty beach, palm trees, white sand, the warm gentle waters of the South China Sea. I swam in the shallow water thinking “this is the life”, when a jellyfish swam between my legs. The sting, on both legs, was agony, and it was only then I discovered that two people had died from jellyfish stings that year and until that point no one had bothered to mention the sea-snakes, for whose bite there is no cure. I now understood why the beach was deserted.

Sandy Henderson – The USA

I was camping in Yosemite National Park in California with a friend, when I awoke to the sound of screaming. I looked out of my tent and saw my friend trying to get out of his sleeping bag, with a giant black bear rearing up behind him. Quite possibly the quickest I’ve ever got out of bed, I scrambled up and we both sprinted in no particular direction. By pure chance, we’d passed a small cabin a little way back on the trail and we made dash for that, jumped inside and locked the door. Seconds later, the bear was scraping at the door as we cowered inside, afraid that the whole thing might fall off. After quite a long time, the bear lost interest and we were able to leave the shelter.

Nola Tracey – Yorkshire, UK

It had seemed like such a good idea three months beforehand, which was when I’d persuaded my parents to let me go on the geography trip, but when we actually got off the coach in the drizzle and made our way into the youth hostel where we were staying, I just wanted to be curled up in my own warm bed at home. The hostel was run by a rather scary woman, who checked that we’d tidied our rooms every morning before we went out for the day. The teachers were really nice, but even they couldn’t do anything about the endless rain. Of course they’d imagined us all walking in the hills in glorious sunshine – well that never happened! Instead we stood in our waterproofs and wellies in freezing streams taking measurements for hours on end. I got used to not being able to feel my toes!

Harry Green – Denmark

I went to Denmark with my friend Dan’s family on a cycling holiday. I’d wondered what the weather would be like, but I needn’t have worried. It was lovely and sunny! What was a problem, though, was how far we had to cycle every day. My friend’s family are all incredibly fit, and although I’m fairly sporty too, I struggled to keep up, even though I’d had a great night’s sleep. My friend’s dad just kept saying, “Serves you right for spending so much time playing computer games!” He didn’t seem to understand how hard I was finding it. We were in a beautiful part of Denmark, but we never had the chance to stop and look at anywhere properly. And in the evenings, all I wanted to do was sleep!

Which person

Had to hide from danger? B

Found an employee intimidating? C

Didn’t have time to appreciate the places they were in? D

Missed their home comforts? C

Worried about how strong something was? B

Found someone unsympathetic? D

Had a painful experience? A

Was unhappy about the weather? C

Was unaware of the danger in what they were doing? A

Realised on arrival that the trip was a mistake? C

**Can chocolate make you smarter?**

Research suggests that eating chocolate may actually boost intelligence.

Did you know that if you want to become more intelligent, then according to some scientists, you’re going to have to make real sacrifices and start eating more chocolate? It isn’t actually such a crazy idea. Some types of food are connected to increased intelligence and I’ve discovered that chocolate is one of them. You may not believe me, but I’ve researched this carefully. And I don’t mean I clicked on the “learn about chocolate” section on a chocolate manufacturer’s website.

G Apparently, it all has to do with a substance called “flavanols”. Flavanols have been shown to slow or reverse the drop in cognitive performance that often accompanies aging (and yes, even teenagers are aging!) It so happens that cocoa, the basic ingredient in chocolate, is a rich source of flavanols.

The researcher, Dr Franz H. Messerli, figured that if a country has a high chocolate consumption, then its population should, in theory, have overall better brain function. But how do you measure the brain function a population? Messerli’s ingenious answer is that the per capita number of Nobel Prize winners that a country has produced provides a rough indicator of the cognitive performance of its population. E Switzerland has the highest number of Nobel Prize winners and also has the highest chocolate consumption of the 22 other countries that have produced Nobel Prize winners.

The all-important question though, is how much extra chocolate do we have to eat to increase our brain power? Messerli estimates that the minimally effective chocolate dose is around 2kg per year, and the benefits don’t seem to stop even at the highest chocolate-dose level of 11kg per year. F

However, given that so many people don’t eat chocolate for various reasons, some of us will have to compensate an do more than our fair share of the work. B And although it’s such important work, for the sake of your teeth, you should do it at the end of a meal and then brush them!

Of course, Messerli’s research doesn’t show that eating chocolate causes an increase in national intelligence. C There are other possible explanations for the relationship between a country’s level of chocolate consumption and the number of Nobel Prize winners that it has produced. One explanation is the existence of a third factor, such as a country’s socio-economic status, or geographic and climatic conditions. Messerli says that even if these factors play a role in intelligence, they do not fully explain why the link is so close between chocolate consumption and the number of Nobel Prize winners.

Another explanation is that smart populations eat more chocolate. A As Dr Messerli explains: “It is conceivable that people with superior cognitive function are more aware of the health benefits of the flavanols in dark chocolate and are therefore prone to increasing their consumption.” This is still good news for chocolate be recognised as “increasing one’s daily intake of cognitive enhancers”. Clearly this is an area for more research. MUCH more research. My favourite dishes have always been desserts and I’m always happy to push forward the boundaries of science.

A In other words, higher cognitive performance could stimulate chocolate consumption

B So the next time you feel like eating chocolate, remind yourself that it’s really for the benefit of your country.

C It only shows that the two are connected.

D Otherwise, the benefits of chocolate wouldn’t be so obvious

E The good news for chocolate lovers is that the two are linked.

F In short, the more chocolate we eat, the cleverer we get.

G Instead, I found my information in a respected medical journal.

**Complete the sentences with so, such or such a**

It isn’t actually such a crazy idea

However, given that so many people don’t eat chocolate for various reasons, this means that some of us will have to compensate and do more than our fair share of the work

And although it’s such important work, for the sake of your teeth, you should do it at the end of a meal

They would not fully explain why the link is so close between chocolate consumption and the number of Nobel Prize winners

I like going to my friend’s house because his sister makes such delicious cakes

There was so much food on the table that we didn’t know where to start

I don’t think eating a pizza at your place is such a good idea if your parents are at home

It’s difficult not to cook good food when the ingredients are so fresh

We took so little to eat on the picnic that we were starving when we got home

It was such a scary film that I couldn’t get to sleep

**Complete the second sentence so that it has a similar meaning to the first sentence, using the word given in capitals. You must use between two and five words including the word given.**

- This is the best meal I’ve ever eaten

**GOOD**

I have never eaten such a good meal before

- She spoke too quickly for us to understand

**THAT**

She spoke so quickly that we couldn’t understand her

- He was given a good grade because he gave an excellent answer to the question

**ANSWERED**

He answered the question so excellent that he was given a good grade

- We all felt hungry because the organisers didn’t give us enough food

**LITTLE**

The organisers provided us with so little food that everyone felt hungry

- It was the most enjoyable party she had ever been to

**FUN**

She had never had so much fun in a party

- It’s hard to sleep with such noisy neighbours

**NOISE**

The neighbours make so much noise that it is hard to sleep

**Complete these sentences by writing too, too many, too much or enough in the gaps**

I really enjoyed the meal, although I thought there were too many chips and not enough fresh vegetables

Few schools spend enough time teaching students about nutrition

A lot of people eat too quickly to enjoy their food properly

The school canteen is too small for everyone to eat lunch at the same time

Students don’t take enough interest in their diets

**Now circle the correct answer in italics**

I liked the restaurant but *the food wasn’t enough* / *there wasn’t enough food*

Experts say that fast food is *not much* / *not too much* good for you

I don’t have *money enough* / *enough money* to pay for your dinner

We didn’t like the hotel because it wasn’t *enough comfortable* / *comfortable enough*

The food takes *too much long* / *much too long* to prepare, so customers become impatient

The food was not *too much* / *very* tasty

I’m afraid the meal was *too much* / *much too* expensive

Nota: Añadimos “much” delante de “too” para enfatizar. The coffe was too hot / The coffee was much too hot = El café estaba demasiado caliente / El café estaba muy demasiado caliente. (La segunda oración no tiene sentido pero es para que lo entendáis mas o menos).

**Complete the second sentence so that it has a similar meaning to the first sentence, using the word given in capitals. You must use between two and five words including the word given.**

- Few people can afford to eat in that restaurant

**TOO**

That restaurant is too expensive for most people to eat there

- We ran out of petrol before we reached our destination

**ENOUGH**

We did not have enough petrol to get to our destination

- The news surprised her so much that she couldn’t speak

**ASTONISHED**

She was too astonished by the news to speak

- We did not go swimming because of the cold weather

**WARM**

The weather wasn’t warm enough for us to go swimming

**Moso Moso**

I \_\_\_\_\_\_\_ [0] Moso Moso for the first time this month with my family for my dad¡s birthday, and \_\_\_\_\_\_\_ [0] that it was easily the best Chinese restaurant we’ve eaten in.

The surroundings were modern, yet it still felt airy and cosy. The waiters were very welcoming and helpful, and not too rushed, as is often the \_\_\_\_\_\_\_ [0] in some popular restaurants

As I was eating with a group of six, we \_\_\_\_\_\_\_ [0] to try a good range of items on the menu, and between us couldn’t find a single thing that wasn’t satisfying and delicious. Every \_\_\_\_\_\_\_ [0] featured wonderful combinations of flavours. All the ingredients were clearly fresh and of the highest \_\_\_\_\_\_\_ [0] and I thought the seafood was particularly tasty. My parents felt that we were given very good \_\_\_\_\_\_\_ [0] for money, because the meal \_\_\_\_\_\_\_ [0] to about 10 pounds per person, which they thought was very reasonable.

All of us would highly \_\_\_\_\_\_\_ [0] this restaurant and as it is just a short walk from our house, we will definitely be back for many more dinners!

0 A checked B tried C tested D proved

1 A revealed B realised C spotted D knew

2 A truth B case C matter D event

3 A achieved B succeeded C managed D reached

4 A plate B dish C food D meal

5 A quality B level C condition D choice

6 A price B worth C cost D value

7 A arrived B reached C came D rose

8 A recommend B propose C suggest D advise

**Circle the correct word in italics in these sentences**

The *travel / journey* wasn’t as boring as I’d thought it would be

Sarah came back from her shopping *trip / journey* with lots of new clothes

Among Brian’s many interests, he lists foreign *journeys / travel* and climbing

Do you know the *way / journey* to the cathedral?

It was a long, dangerous *trip / journey* to the South Pole

I often meet my friends on my *journey / way* to school

Are you all prepared for your forthcoming *trip / travel* to Egypt?

Many of our students have quite a long *travel / journey* to college each morning

**Complete the second sentence so it has a similar meaning to the first sentence using the word given. You must use between two and five words.**

During my visit to London, I took hundreds of photos.

**WHILE**

I took hundreds of photos while I was visiting London

I didn’t notice that my passport was missing until I reached the immigration desk

**LOST**

When I reached the immigration desk, I noticed that I had lost my passport

I’ve given up using the bus to go to school

**USED**

I used to go to school by bus, but I’ve given it up

She was still at school when she passed her driving test

**GOING**

She passed her driving test when she was still going to school

Paola and Antonio met for the first time at yesterday’s party

**NEVER**

Paola and Antonio had never met before yesterday’s party

Pablo is no longer as frightened of spiders as in the past.

**USED**

Pablo used to be more frightened of spiders than he is now.

**Use the word given in capitals at the end of some of the lines to form a word that fits in the gap in the same line**

We had been promised an exceptional holiday in a three-star hotel, **EXCEPT** so we made our reservation despite the considerable expense this **CONSIDER** involved. The website said it was an exclusive three-star hotel **EXCLUDE** which promised outstanding views of dramatic mountain scenery. **DRAMA** Imagine how disappointed we felt when we found that we had been given a room with a view over the kitchens, which was completely unacceptable **ACCEPT** When we went down for dinner the first evening, we found that the restaurant was so disorganised that we had to wait for our table even **ORGANISE** though we had booked it in advance.

When we finally sat down for dinner, the waitress was tired, irritable and **HELP** generally unhelpful So we decided to spend the remaining **REMAIN** days of our holiday in a quieter hotel nearby. It wasn’t as luxurious as our first hotel, but the view of the mountains and river was certainly preferable to a view of the kitchens! **PREFER**

Nota: Disorganised es mas caótico, unorganised es como desorganizado pero puedes saber donde estas las cosas o que dentro del desorden hay orden.

**Complete the text by writing food, dish or meal in the gaps**

Last week, I went out with my family for a meal in a restaurant. The food was not very good though. For my first course, I chose a dish called “Chef’s special”, which turned out to be a kind of pizza. Generally, I enjoy fast food, but this dish was quite disappointing because it wasn’t very tasty. The rest of my family didn’t enjoy their food very much either. Personally, I think we would have enjoyed ourselves more if we’d cooked a meal at home – after all, we always have plenty of food in the fridge.

**Complete the second sentence so it has a similar meaning to the first sentence using the word given. You must use between two and five words.**

The food was so hot that we didn’t really enjoy it

**TOO**

The food was too hot to really enjoy

The waitress spoke so quickly that we had difficulty understanding her

**ENOUGH**

The waitress didn’t speak slowly enough to understand her easily

We didn’t get a table at the restaurant because it was too full

**SO**

The restaurant was so full that we couldn’t get a table

I asked for a second helping because the food was so delicious

**SUCH**

It was such delicious food that I asked for a second helping

Julio is not a very good cook, so he won’t get a job in that restaurant

**ENOUGH**

Julio doesn’t cook well enough to get a job in that restaurant

We ate very late because Phil spent too much time preparing the meal

**TIME**

Phil spent so much time preparing the meal that we ate very late.

**Use the word given in capitals at the end of some of the lines to form a word that fits in the gap in the same line**

Even in quite traditional societies, eating habits are changing. In **TRADITION** the past, people used to prepare good filling meals from fresh **FILL** ingredients and what was readily available in markets, but now convenience **CONVENIENT** food is becoming increasingly popular. Research shows that eating **INCREASE** some types of food too often may cause health problems, so governments and other organisations now offer information about diet and nutrition **ORGANISE** in the hope that it will discourage people from eating too much of **COURAGE** the same thing and have a generally more balanced diet. **BALANCE**

On the other hand, some people argue that despite the disappearance **APPEAR** of many traditional dishes from our menus, in general our diets are not as repetitive as they used to be. There is a much wider choice of **CHOOSE** products available in supermarkets and other shops than there was 20 years ago.

Nota: Convenience food significa comida preparada. Encourage = Motivar, Discourage = Desalentar.

////////////////////////////////////////////////////////////////////////////////////////////////////

**Which prepositions – on, with, in, of or for – can follow the verbs below? Write the correct prepositions in the gaps. Some of the verbs can go with more than one preposition**

Depend on Result in Participate in

Co-operate with Approve of Rely on

Succeed in Apologise for Insist on

Consist of Concentrate on Believe in

**Complete the text with the correct form of the verbs from the exercise above**

I try to participate in as many sports as I can at school, but to be honest I’m pretty hopeless! Anyway, last week I decided I’d try to get onto the school relay team, as they’re considered really cool. And amazingly, after some running trials, I actually succeeded in getting a place – only as a reserve for competitions, but still! Then I realised that was just the beginning. The other team members didn’t exactly object to a newcomer, but I could tell they didn’t totally approve of my being there. As I said, the team consisted/consists of the best sports people in the school, so joining them was a real honour. And any races they were in usually resulted in a win. Anyway, the annual school sports day was coming up, so I thought I’d better start practising

Finally, sports day came, and I was as well prepared as I could be. And I knew my friends all believed in me, so that helped a lot. But just then we heard that another team member had been injured, so they’d be relying on me to help them win. This was my chance. I started concentrating as hard as I could on the task ahead.

I was incredibly nervous waiting for the runner behind me to pass me the baton. But suddenly there he was – and I was off! And guess what? I ran faster than any other members of the team – and we won! It was fantastic! But the best part was that after the race, the rest of the team insisted on carrying me round the track on their shoulders. I’ll never forget it!

**Which phrases go with the following verbs? Write the phrases on the correct lines below. Some phrases can go with more than one verb**

Your homework your time a good time fun a difference

Friends a break sure a photo your best

A noise an exam a shower a party you good

Better a mess sense the washing up some exercise

Do your homework, your best, you good, better, the washing up, some exercise, an exam

Make a difference, friends, sure, a noise, a mess, sense

Have a good time, fun, a break, a shower, a party, an exam, friends, some exercise

Take your time, a break, a photo, an exam, a shower, some exercise

**Choose the verbs from the box which go with each group of nouns. Can you add any more nouns to each group? Some groups can go with more than one verb. Use a dictionary if necessary**

Pass spend miss go play cross save catch move change run

catch a cold, a bus play volleyball, the piano

spend/save money, time cross the road

miss the bus, your friends move house

go shopping, away on holiday change your mind, your clothes

pass/miss an exam run a company, a computer programme.

**Complete the sentences with the correct form of the verbs from the two previous exercises**

Whenever I go away on holiday, I really miss my friends at home

I need to save some money to go shopping with my friends at the weekend

Luca and Maria crossed the road and ran to the bus stop but they still missed the bus

I’d love to be able to play the guitar, but I can’t afford lessons

We’ve just moved house, so I haven’t managed to make many friends here yet

Ben’s teacher told him to take his time when doing his math’s homework, instead of rushing it

Cristina did the best she could in the exam, and as a result she passed!

Mum asked me to do the washing up before I had/took a shower

Eliott made a mess of building his new bookcase, because the instructions didn’t make sense

**Use the words in the box to complete the phrasal verbs, according to the meanings given.**

Across away by down into off out of over through up up with

**Phrasal verb Meaning**

Keep up with Understand something that’s changing fast

Put off Discourage

Pick up Collect

Break down Stop working

Come across End by chance

Fall through Plans that fail

Get out of Avoid doing something you don’t want to

Look into Investigate, find out more

Pull over Stop on the side of the road

Run away Escape

Stand by Support someone who’s in difficulty

**Complete these sentences with the correct form of the phrasal verbs from the previous exercise**

When Harry had a problem in the sports team, his friend all stood by him,

The dog slipped off its lead and ran away, but luckily his owner found him

Tom was busy, so his mum picked up his new cricket bat for him from the sports shop.

It was raining so hard, that Jack’s dad had to pull over on the side of the road for a while

Julian managed to get out of helping his mother with the washing-up by saying he had a lot of homework!

Our car broke down on the way to the match, so we were late getting there

Most people are put off eating this cheese by the smell – it’s awful!

**Correct one mistake in each of these sentences written by exam candidates. Underline the wrong word and write the correct word in the space**

I would agree with the opinion that keeping animals in zoos is cruel.

When I am reading and the television is on, it bothers me because I am concentrating on reading my book

If you decide to come to my country, I would advise you to visit the capital

I am always fascinated by your garden

This shows that it should be taken into consideration

We could finish with some Spanish lessons

**Choose the correct word from the box for each gap. Use each word only once.**

Support Assist Co-operate Benefit

Many people in the town support the plans for a new supermarket

I think I’ll really benefit from all the travelling I’m planning to do

As part of Tom’s summer job, he had to assist the manager with various tasks in the office

Will people cooperate with the police to help find the criminal?

Surely Absolutely Totally Definitely

Harjeev definitely said he’d be here to help organise the party

Unfortunately, I’d totally forgotten I’d agreed to meet Gareth in town

The cake that Kate made was absolutely delicious

I’m surprised our friends aren’t here yet. Surely they’d have called if there was a problem?

Accident Confusion Error Fault

A lot of people were trying to get on the bus and, in all the confusion Samantha lost her bag

Robert knew he was at fault and decided to apologise

Louis made a basic error in his maths homework and it cost him five marks

Sasha hadn’t intended to delete his homework files. He did it completely by accident

Achieved Resulted Managed Succeeded

I’ve tried baking cakes lots of times, but they’ve usually resulted in failure – no one wants to eat them!

I’d be thrilled if I finally succeeded in passing my exam!

Alex managed to leave the house just in time to catch the school bus

Becky’s achieved something amazing – she’s been accepted for the school relay teams!

**Dolphins**

There have been countless stories of dolphins appearing to [0] \_\_\_\_\_\_ with humans. But a recent incident has convinced a group of lifeguards that some dolphins were [1] \_\_\_\_\_\_\_\_\_\_ attempting to help them – by protecting them from a shark!

The lifeguards were on a training exercise in the sea when the dolphins swam towards them at considerable [2] \_\_\_\_\_\_\_\_\_\_\_, then circled them repeatedly, hitting the surface of the water with their fins. At first, the swimmers were puzzled by the dolphins’ [3] \_\_\_\_\_\_\_\_\_\_\_\_ , but then began to fear they’d swum too close to some baby dolphins by [4] \_\_\_\_\_\_\_\_\_\_\_\_ , and disturbed them.

Suddenly, one of the lifeguards spotted a small shark some way off. He realised that the dolphins had been [5] \_\_\_\_\_\_\_\_\_\_\_\_ a lot of noise and causing general chaos in order to [6] \_\_\_\_\_\_\_\_\_\_\_\_\_ off the shark. And to his relief, they [7] \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in doing so, because the shark soon disappeared. However, the dolphins insisted on staying until a colleague’s boat safely [8] \_\_\_\_\_\_\_\_\_\_\_\_\_ the swimmers. What an experience!

0 A support B assist C co-operate D benefit

1 A surely B absolutely C totally D definitely

2 A distance B pace C time D speed

3 A occupation B behaviour C situation D attitude

4 A accident B confusion C error D fault

5 A doing B making C having D trying

6 A call B set C put D take

7 A managed B succeeded C achieved D resulted

8 A picked up B came over C got away D caught up

**Which of the words in the box are use to describe the things below?**

Why which whose where who when

A time when A reason why

A person who A thing which

A place where A possession whose

**Complete the text with relative pronouns from the previous exercise**

Anais Marin is a teenager who lives on the coast in the south of France, where the climate is quite mild and the views spectacular. Yet when she and her family go on holiday, they always go to a resort where they can find snow!

Anais finds it difficult to explain why she and her family choose somewhere that’s so different from their home town. “I know there are lots of tourists who absolutely love coming to this town. But it’s not the same if you live here – you need a change from time to time!” says Anais.

Anais loves going skiing, and her three brothers, whose hobbies range from snowboarding to ice skating, start looking forward to their holiday as soon as the summer’s over. “We know when the temperature starts to drop slightly here that it’s time to prepare our winter sports equipment!” she says. “And the amount of stuff which we take away with us could probably equip the entire resort!

**Which of the gaps could also be filled by the word “that?**

El ultimo which podria eliminarse o sustituirse por that

**Choose a linking expression from the box that has the same meaning as the words in italics in these sentences. There are some expressions you don’t need to use**

Whereas despite the fact that in order to owing to as long as instead of despite in spite of

*Despite the fact that* it was pouring with rain, Ben still cycled to school

Joseph’s quite extrovert and sociable, *whereas* his sister is more reserved.

The school trip had to be postponed *owing to* the train strike

Leon and Clara decided to walk into town *instead of* going on the bus, as it was expensive.

The homework deadline was extended *in order to* give everyone more time to complete it

You can come camping with us *as long as* you get your parent’s permission

**Choose a linking expression from the box that has the same meaning as the words in italics in these sentences. There are some expressions you don’t need to use**

Unless in view of in addition so as to yet until

The Marin family live near the beach, yet they enjoy taking their holidays somewhere cold.

They always travel to a ski resort so as to get a complete change of scenery

They wait until the weather changes before they start preparing their equipment

The family’s hobbies are probably quite unusual in view of where they live

In addition to all the usual winter sports like skiing and skating, her brothers are also good at ice hockey

It’s quite hard to do lots of winter sports unless you’re reasonably physically fit.

**Complete the text using relative clauses and linking expressions from the previous 4 exercises**

Have you ever heard of a creature called a blobfish? It hit the headlines when it was voted “the world’s ugliest animal”. The blobfish, whose natural habitat is deep in the ocean off Australia, spends its life swimming around in the dark, largely unnoticed. However, various factors have reduced the numbers of blobfish to dangerously low levels and, in view of this, conservationists are trying to take action to save it, in addition, some conservationists have suggested that previous projects have ignored the blobfish due/owing to its ugly appearance and that people are not keen to protect species unless they look cute.

Another such creature is the kakapo, which is the only species of parrot that can’t fly. Despite the fact that there have been many campaigns to save these and other creatures, there are very few left in the wild. So we need to think about creatures such as these, instead of just focusing on the more attractive-looking ones, such as pandas.

**Complete the story below with the words from the box. You may need to use some words more than once.**

A an both the any many more most some every none one few

One day a boy called Matt was walking down the street when he saw a girl’s bag lying on the pavement by a bus stop. There weren’t any/many other people around, so he picked it up and had a look inside. To his surprise, he found quite a few coins in the bag, and even more/some money inside a small purse. Most/some of which was in notes. There were also some books, but none of them had the name or address of the owner written in them. For a moment, Matt was tempted to keep the bag. But he liked to think he was an honest person, so he took it to the police station.

There were very few people inside when he arrived, apart from two girls who were both looking very worried. As soon as one of the girls saw the bag, she rushed over to him. “That’s mine!” she said. “Every time to go out, I leave it behind somewhere! Thanks so much for finding it! You’re fantastic!” Matt felt embarrassed, so he mumbled something in reply – then blushed and left

**Choose the correct word in italics in these sentences written by exam candidates**

I’m writing in order to reply to the advertisement in my local paper who / which asks for people to help in a summer camp

This is the moment *that / when* we must work fast

They will take you to your hotel *which / that* is called the Loguhborough

I’m convinced that zoos, as institutions *that / who* take care of animals, can play a good role

She wanted to see her husband *which / who* she had not seen for over two months

We are a private clinic *who / which* treats all kinds of illnesses

**Complete the text using one word in each sentence**

**Water**

We all know that water is essential for our health, and that we should drink as much of it as possible. Yet in spite of this, many of us still don’t drink enough, so bottled water is a good way of making sure we drink clean water while we’re on the move.

Unfortunately though, the manufacture of all those plastic bottles can result in a lot of waste, owing/due to the amount of oil required. It’s actually the equivalent of keeping a million cars on the road for a year! Also, if empty bottles are not properly disposed of, they can cause a major pollution hazard.

However, there are steps we can take to improve the situation. For example, very few of the plastic bottles we use get recycled. So instead of throwing them in the bin, we should send them to a recycling centre where the plastic can be re-used. And in many countries now, the water which/that comes straight from the tap is perfectly clean and safe to drink so perhaps many of us don’t need to buy bottled water at all.

**Add suffixes to the words below to complete the table. It is not always possible to complete each column for the base word**

-ness -ly -ship -ment -ive -ion -ful -er -ish -hood -al -ation -ance -able -en -less -ing -ed

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Base word | Noun | Verb | Adjective | Adverb |
| Impress | Impression | impress | Impressive | impressively |
| Child | childhood |  | childish | childishly |
| Arrive | arrival | arrive |  |  |
| Comfort | comfort | comfort | comfortable | comfortably |
| Agree | agreement | agree | agreeable | agreeably |
| Explore | Explorer  Exploration | explore |  |  |
| Accept | acceptance | accept | Acceptable |  |
| Involve | involvement | involve | Involving/involved |  |
| Attract | attraction | attract | attractive | attractively |
| Conscious | consciousness |  | conscious | consciously |
| Friend | Friendship  friendliness |  |  | friendly |
| Hope | Hopefulness  hopelessness | hope | Hopeful  Hopeless | Hopefully  hopelessly |
| Threat |  | threaten | threatening | threateningly |

**Complete the sentences with a word formed in the previous exercise**

The sea was surprisingly (surprise) warm when we went for a swim

Finn’s father is a very successful (success) lawyer

My mum wants to play golf at the local club, but membership (member) is very expensive

Conservationists work for the survival (survive) of endangered species

The whole family tried to make Dad’s 50th birthday as memorable (memory) as possible

Bram’s painting attracted a lot of admiration (admire), as it was so original.

Judging by Max’s appearance (appear), he’d walked a long way in the rain.

Although my grandmother is in her eighties, she’s still very active (act)

There’s so much traffic going into the city now that the authorities will have to widen (wide) some main roads.

**Write the opposite of these adjectives**

**Il- if- im- in-**

IMpossible INexperienced IMpolite IMpatient

Irregular Illegal INcorrect Irresponsible

**Dis- un- mis-**

DISsatisfaction MISunderstanding DIShonesty UNcertain Misbehave

UNsatisfactory UNpopular DISapprove UNhappiness DISorganised

**Gliding**

What’s the most unusual birthday present you’ve ever been given? USUAL How would you feel if your birthday surprise turned out to be an introduction to gliding? That’s exactly what happened to me – when I INTRODUCE was only 8 years old!

I’d never experienced anything like it – absolutely unbelievable! After that BELIEVE I was hooked, so my parents arranged another flight for me as FLY soon as they could, and then I started taking lessons. It’s been the perfect activity for me – I learn a lot and I’m outside too, which I love. ACTIVE

I don’t think my friends really understand my enthusiasm, though. ENTHUSIASTIC They’re more into music and fashion, I enjoy those, too, but there’s nothing to beat the dramatic views I get from inside the glider DRAMA

Anyway, I finally flew solo on my 16th birthday, which was the earliest EARLY I could possibly do it. And soon I’m due to compete in some national gliding championships. Wish me luck! CHAMPION

**Write these verbs under the correct heading, depending on what type of verb they are followed by**.

|  |  |  |
| --- | --- | --- |
| Verbs + -ing | Verbs + to + infinitive | Verbs + -ing and to + infinitive |
| Mind |  |  |

**Underline the correct alternative**

I look forward *to hear* / *to hearing* from you

I can’t wait *to meet* / *to meeting* you

I am interested *to apply* / *in applying* for the IT web design course

Thank you for giving me the chance *to suggest* / *of suggesting* new ideas

The money will be used *in improving* / *to improve* our customer services department

I am writing this letter *to asking* / *to ask* for more information

**Complete the sentences with the expressions for comparison in the box**

The worst less interested a lot more slowly far better as experience as more difficult the most much older newer than

Your school bag is newer than mine. I bought mine ages ago.

Callum is \_ than me at history. He gets high scores in all the tests.

That was \_ film I’ve ever seen. I wished we hadn’t bothered watching it.

I’m definitely \_ in art than in music – I hate painting and going to galleries

My friend cycles \_ than I do, so he’s generally late for school

This dress wasn’t \_ you might think. I bought it in a sale

The harder I try to produce a good drawing, the \_ it seems to be.

That’s \_ money I’ve ever spent on a book. I just hope it’s worth it!

The last house Sam lived in was brand new, but where he lives now is \_ - it was built in the last century!

**Match phrasal verbs 1-10 with the correct meaning a-k. Use a dictionary if necessary**

0 Clear up a manage even though you haven’t got something you need

1 Cut down on b end in a successful way

2 Take care of c reach someone ahead who’s going faster

3 Get round to d improve, get better

4 Leave out e invent

5 Do without f argue and stop being friends with someone

6 Work out g find the time to do something

7 Catch up with h trust someone

8 Fall out i not include

9 Rely on j look after, keep an eye on

10 Make up k reduce

**Complete the sentences using the correct form of phrasal verbs from Exercise 5**

I hope the weather \_\_\_\_\_\_\_\_\_\_\_\_ soon. We want to go to the beach!

I still haven’t \_\_\_\_\_\_\_\_\_\_\_\_ doing my homework. I’d better do it tonight!

Tom was a long way ahead, but Sam ran and \_\_\_\_\_\_\_\_\_\_\_\_ him

Sasha and Jackie have \_\_\_\_\_\_\_\_\_\_\_\_ again. They’re not speaking to each other.

Ned has to stay at home and \_\_\_\_\_\_\_\_\_\_\_\_ his younger sister on Wednesday evenings

**Complete the sentences. Do not change the word given. You must use between two and five words, including the word given.**

The film wasn’t nearly as good as the book

**MUCH**

The book \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the film

I haven’t had time to tidy up my bedroom

**ROUND**

I haven’t \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ up my bedroom

Jake couldn’t carry on cycling along the road until he’d fixed his brakes

**STOP**

Jake had \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ his brakes before he could carry on cycling along the road

I’d rather watch football than play it

**PREFER**

I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ playing it

“I’m sorry I missed your birthday party.” Ben told Sam

**APOLOGISED**

Ben \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ his birthday party

I can only come if Mum says it’s OK

**UNLESS**

I can’t \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ me permission

**Read quickly the text and answer these questions**

Who is Anna?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What activity was she planning to do? Who with?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How were they feeling? Why?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What were they slightly worried about?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What were they optimistic about?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Anna’s Story**

I’d been learning to play the guitar for what seemed like years, without much success. So I’d wanted to go to see rock guitarist Jason perform for ages – and now he was coming to our town. My friends and I were all fans, so “thrilled” just didn’t go far enough to describe how we felt! Our town isn’t particularly big or amazing, so we couldn’t quite believe he’d included it in his concert tour. But there it was, on the programme. So we spent the weeks before the performance planning what we’d wear and how we’d get there – all the time hoping, of course, that our parents would say we were old enough to go unaccompanied. But then it was an afternoon concert for under-18s, so we reckoned the chances were pretty good!

**Read through the text again and underline the part which gives you the answer to this question. What was a surprise to the writer about the concert?**

**Now from these options. Which one is the closest to the answer you marked in the text?**

**A** that a well-known musician would perform just for young people

**B** that her parents had given her permission to go

**C** that it would be held in such an uninteresting location

**D** that the rock guitarist was performing alone

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